



# Thalassaemia Challenges: The Nurse

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# Challenges

- Safe, flexible service delivery
- Patients' achieving their potential
- Financial restraints
- Adherence to treatment



# Service Delivery – Transfusion Day Unit



- Heavy clinical load – staffing
- Cannot build a service around one person
- Out of hours service - continuity of care
- Safety issues
- Staff attitude
- Mutual respect/trust

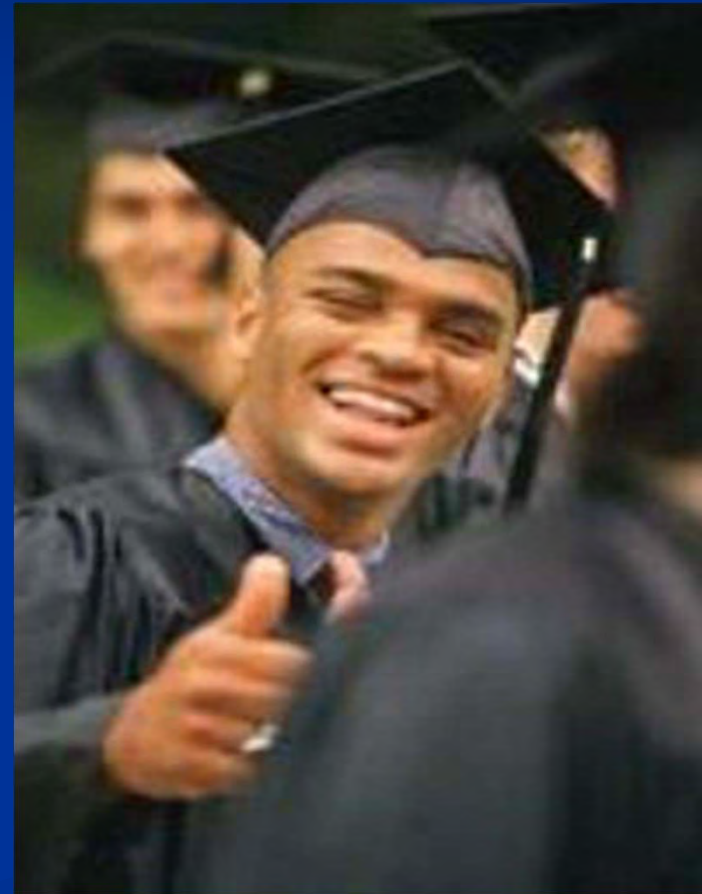


“I don’t live with  
thalassaemia,  
thalassaemia lives  
with me”

(UKTS)

# Patients achieving their potential

- Independence not dependence
- Patient/parents responsible for their thalassaemia management
- Nurturing not mothering
- Enabling not disabling
- Disorder not disease



# Financial Restraints

- Personnel
- Nurse training/education
- Optimal equipment



# Adherence to treatment



- New parents
- Adolescents
- Complacency
- Regrets